



7 Day Intensive Detox Program

Medical examination and consultations:

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for anti-aging procedures	✓

Daily nutrition plan and detox supplements:

•Vitalica special detox foods	✓
•Detox tea and soup varieties	✓
•Detox fruit juice varieties	✓
•Detox supplements	✓

Detox holistic clinical treatments:

•Special detox support treatment protocol administered intravenously	1 seance
•Lymphatic treatment	1 seance
•Hyperbaric chamber treatment	1 seance
•Cupping treatment for powerful detox	1 seance
•Intravenously administered laser treatment	1 seance
•Phytotherapy	1 seance
•Spirometer analysis	1 seance
•Herbal/coffee/wheatgrass/ozone intestinal enema	3seances
•Sodium lung cleansing	1 seance
•Ozone sauna	1 seance

Detox wellness treatments:

•Full-body detox mask	1 seance
•Liver detox body mask	1 seance
•Deep detox massage	3 seances
•Medical stomach massage	3 seances
•EWOT	1 seance
•Ionic foot detox	1 seance
•Salt room	1 seance
•Turkish bath	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



7 Day Intensive Detox Program

Program + accommodation fees

May 2019	2.510 Euro
June 2019	2.692 Euro
July 2019	3.189 Euro
August 2019	3.189 Euro
September 2019	2.685 Euro
October 2019	2.468 Euro

Prices are valid for all services within the program and accommodation in the Sea Front Room for 7 nights. Different prices will apply if you prefer to stay in other rooms. Please check the price and availability of other room options listed below:

- Hotel rooms
 - Deluxe Sea Front Room
 - Terrace Sea Front Room
 - Junior Suite
 - Indoor Pool Suite
 - Grand Indoor Pool Suite (with 1 bedroom)
 - Grand Indoor Pool Suite (with 2 bedroom)
- Residences
 - Family Terrace Residence
 - Family Terrace Residence With Pool
 - Pool Villa (with 4 bedroom)
 - Presidential Villa (Private Bay & Jetty)

In case there will be additional people not participating in the program but willing to share a room, no extra accommodation costs will be charged. The additional meal costs are listed below and these prices do not change according to the season.

- Children aged 0-5: no additional fees are charged if they share a bed with their parents.
- Children aged 6-11: 50 Euro/day
- Children aged 12-18 years: 90 Euro/day
- Adults over 18: 96 Euro/day

Please note that additional beds cannot be placed in either the Sea Front Room or the Terrace Sea Front Room. For these types of rooms, only a bed for babies (0-2 years) can be supplied. Other room types can accommodate an extra bed.



5 Day Intensive Detox Program

Medical examination and consultations:

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for anti-aging procedures	✓

Daily nutrition plan and detox supplements:

•Vitalica special detox foods	✓
•Detox tea and soup varieties	✓
•Detox fruit juice varieties	✓
•Detox supplements	✓

Detox holistic clinical treatments:

•Special detox support treatment protocol administered intravenously	1 seance
•Cupping treatment for powerful detox	1 seance
•Intravenously administered laser treatment	1 seance
•Phytotherapy	1 seance
•Spirometer analysis	1 seance
•Herbal/coffee/wheatgrass/ozone intestinal enema	2 seances
•Sodium lung cleansing	1 seance
•Ozone sauna	1 seance

Detox wellness treatments:

•Full-body detox mask	1 seance
•Deep detox massage	2 seances
•Medical stomach massage	2 seances
•EWOT	1 seance
•Ionic foot detox	1 seance
•Salt room	1 seance
•Turkish bath	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



5 Day Intensive Detox Program

Program + accommodation fees

May 2019	1.900 Euro
June 2019	2.030 Euro
July 2019	2.385 Euro
August 2019	2.385 Euro
September 2019	2.025 Euro
October 2019	1.870 Euro

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 - Deluxe Sea Front Room
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3 Day Intensive Detox Program

Medical examination and consultations:

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for anti-aging procedures	✓

Daily nutrition plan and detox supplements:

•Vitalica special detox foods	✓
•Detox tea and soup varieties	✓
•Detox fruit juice varieties	✓
•Detox supplements	✓

Detox holistic clinical treatments:

•Cupping treatment for powerful detox	1 seance
•Phytotherapy	1 seance
•Herbal/coffee/wheatgrass/ozone intestinal enema	1 seance
•Sodium lung cleansing	1 seance
•Ozone sauna	1 seance

Detox wellness treatments:

•Full-body detox mask	1 seance
•Deep detox massage	1 seance
•Medical stomach massage	1 seance
•EWOT	1 seance
•Ionic foot detox	1 seance
•Salt room	1 seance
•Turkish bath	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



3 Day Intensive Detox Program

Program + accommodation fees

May 2019	1.290 Euro
June 2019	1.368 Euro
July 2019	1.581 Euro
August 2019	1.581 Euro
September 2019	1.365 Euro
October 2019	1.272 Euro

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- Adults over 18: 96 Euro/day

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7 Day Health Improvement and Revitalization Program

Medical examination and consultations

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluation	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for anti-aging procedures	✓

Health improvement and revitalization supplements with a daily nutrition plan:

•Vitalica special revitalizing alkaline superfoods	✓
•Revitalizing tea and soup varieties	✓
•Revitalizing fruit juices	✓
•Health improvement and revitalization supplements	✓

Health improvement and revitalization holistic clinical treatments:

•Special health improvement and revitalization treatment protocol administered intravenously	2 seances
•Hyperbaric chamber treatment	2 seances
•Personal physiotherapy	2 seances
•Phytotherapy	1 seance
•Ozone sauna	1 seance

Health improvement and revitalization wellness treatments:

•Special rejuvenating massage	3 seances
•Head and neck massage	2 seances
•Personal yoga session	3seances
•Bioenergy session	2 seances
•Brainwave meditation	1 seance
•Sleep therapy	1 seance
•Shirodhara	1 seance
•Mindfulness therapy	3 seances
•Acupressure	2 seances
•Addiction therapy	2 seances
•EWOT	1 seance
•Ionic foot detox	1 seance
•Salt room	1 seance
•Turkish bath	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



7 Day Health Improvement and Revitalization Program

Program + accommodation fees

May 2019	2.410 Euro
June 2019	2.592 Euro
July 2019	3.089 Euro
August 2019	3.089 Euro
September 2019	2.585 Euro
October 2019	2.368 Euro

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5 Day Health Improvement and Revitalization Program

Medical examination and consultations

- Doctor's examination at the beginning and end of the program ✓
- Laboratory tests and evaluation ✓
- Live blood analysis with electron microscopes ✓
- Doctor's consultation for spiritual and emotional health ✓
- Full-body measurement at the beginning and end of the program ✓
- Doctor's consultation for anti-aging procedures ✓

Health improvement and revitalization supplements with a daily nutrition plan:

- Vitalica special revitalizing alkaline superfoods ✓
- Revitalizing tea and soup varieties ✓
- Revitalizing fruit juices ✓
- Health improvement and revitalization supplements ✓

Health improvement and revitalization holistic clinical treatments:

- Special health improvement and revitalization treatment protocol administered intravenously 1 seance
- Hyperbaric chamber treatment 1 seance
- Personal physiotherapy 1 seance
- Phytotherapy 1 seance
- Ozone sauna 1 seance

Health improvement and revitalization wellness treatments:

- Special rejuvenating massage 2 seances
- Head and neck massage 1 seances
- Personal yoga session 2seances
- Bioenergy session 1 seance
- Brainwave meditation 1 seance
- Sleep therapy 1 seance
- Shirodhara 1 seance
- Mindfulness therapy 2 seances
- Acupressure 1 seance
- Addiction therapy 1 seance
- EWOT 1 seance
- Ionic foot detox 1 seance
- Salt room 1 seance
- Turkish bath ✓
- Herbal steam room ✓
- Infrared sauna ✓
- Medical hydrotherapy ✓

Body and mind rituals:

- Walking ✓
- Exercise ✓
- Meditation ✓
- Yoga ✓
- Breathing therapy ✓
- Workshop activities ✓
- Dance ✓



5 Day Health Improvement and Revitalization Program

Program + accommodation fees

May 2019	1.830 Euro
June 2019	1.960 Euro
July 2019	2.315 Euro
August 2019	2.315 Euro
September 2019	1.955 Euro
October 2019	1.800 Euro

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3 Day Health Improvement and Revitalization Program

Medical examination and consultations

- Doctor's examination at the beginning and end of the program ✓
- Laboratory tests and evaluation ✓
- Live blood analysis with electron microscopes ✓
- Doctor's consultation for spiritual and emotional health ✓
- Full-body measurement at the beginning and end of the program ✓
- Doctor's consultation for anti-aging procedures ✓

Health improvement and revitalization supplements with a daily nutrition plan:

- Vitalica special revitalizing alkaline superfoods ✓
- Revitalizing tea and soup varieties ✓
- Revitalizing fruit juices ✓
- Health improvement and revitalization supplements ✓

Health improvement and revitalization holistic clinical treatments:

- Special health improvement and revitalization treatment protocol administered intravenously 1 seance
- Ozone sauna 1 seance

Health improvement and revitalization wellness treatments:

- Special rejuvenating massage 1 seance
- Head and neck massage 1 seance
- Personal yoga session 1 seance
- Bioenergy session 1 seance
- Brainwave meditation 1 seance
- Shirodhara 1 seance
- Mindfulness therapy 1 seance
- Ionic foot detox 1 seance
- Salt room 1 seance
- Turkish bath ✓
- Herbal steam room ✓
- Infrared sauna ✓
- Medical hydrotherapy ✓

Body and mind rituals:

- Walking ✓
- Exercise ✓
- Meditation ✓
- Yoga ✓
- Breathing therapy ✓
- Workshop activities ✓
- Dance ✓



3 Day Health Improvement and Revitalization Program

Program + accommodation fees

May 2019	1.247 Euro
June 2019	1.325 Euro
July 2019	1.538 Euro
August 2019	1.538 Euro
September 2019	1.322 Euro
October 2019	1.229 Euro

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7 Day Anti-aging Program

Medical examination and consultations:

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for intensive detox procedures	✓

Daily nutrition plan and anti-aging supplements:

•Vitalica anti-aging ketogenic superfoods	✓
•Anti-aging tea and soup varieties	✓
•Anti-aging fruit juices	✓
•Anti-aging supplements	✓

Anti-aging holistic clinical treatments:

•Special anti-aging support treatment protocol administered intravenously	1 seance
•PRP	1 seance
•Mesotherapy	1 seance
•Phytotherapy	1 seance
•Hyperbaric chamber treatment	1 seance
•Cupping treatment increasing immunity and providing a lifting effect	1 seance
•Ozone therapy	1 seance
•Ozone sauna	1 seance

Anti-aging wellness treatments:

•Vitalica golden mask	1 seance
•Facial mask with collagen and lifting effect	1 seance
•Caviar-essence body care	3 seances
•Miracle grape body care	1 seance
•Algae body care	1 seance
•Pomegranate-essence body care	1 seance
•Green tea-essence body care	1 seance
•Salt room	1 seance
•Turkish bathroom	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



7 Day Anti-aging Program

Program + accommodation fees

May 2019	2.560 Euro
June 2019	2.742 Euro
July 2019	3.239 Euro
August 2019	3.239 Euro
September 2019	2.735 Euro
October 2019	2.518 Euro

Prices are valid for all services within the program and accommodation in the Sea Front Room for 7 nights. Different prices will apply if you prefer to stay in other rooms. Please check the price and availability of other room options listed below:

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5 Day Anti-aging Program

Medical examination and consultations:

•Doctor's examination at the beginning and end of the program	✓
•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for intensive detox procedures	✓

Daily nutrition plan and anti-aging supplements:

•Vitalica anti-aging ketogenic superfoods	✓
•Anti-aging tea and soup varieties	✓
•Anti-aging fruit juices	✓
•Anti-aging supplements	✓

Anti-aging holistic clinical treatments:

•Special anti-aging support treatment protocol administered intravenously	1 seance
•PRP	1 seance
•Mesotherapy	1 seance
•Phytotherapy	1 seance
•Hyperbaric chamber treatment	1 seance
•Cupping treatment increasing immunity and providing a lifting effect	1 seance
•Ozone sauna	1 seance

Anti-aging wellness treatments:

•Vitalica golden mask	1 seance
•Facial mask with collagen and lifting effect	1 seance
•Caviar-essence body care	2 seances
•Miracle grape body care	1 seance
•Algae body care	1 seance
•Salt room	1 seance
•Turkish bathroom	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



5 Day Anti-aging Program

Program + accommodation fees

May 2019	1.865 Euro
June 2019	1.995 Euro
July 2019	2.350 Euro
August 2019	2.350 Euro
September 2019	1.990 Euro
October 2019	1.835 Euro

Prices are valid for all services within the program and accommodation in the Sea Front Room for 7 nights. Different prices will apply if you prefer to stay in other rooms. Please check the price and availability of other room options listed below:

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3 Day Anti-aging Program

Medical examination and consultations:

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•Laboratory tests and evaluations	✓
•Live blood analysis with electron microscopes	✓
•Doctor's consultation for spiritual and emotional health	✓
•Full-body measurement at the beginning and end of the program	✓
•Doctor's consultation for intensive detox procedures	✓

Daily nutrition plan and anti-aging supplements:

•Vitalica anti-aging ketogenic superfoods	✓
•Anti-aging tea and soup varieties	✓
•Anti-aging fruit juices	✓
•Anti-aging supplements	✓

Anti-aging holistic clinical treatments:

•PRP	1 seance
•Mesotherapy	1 seance
•Phytotherapy	1 seance
•Hyperbaric chamber treatment	1 seance
•Cupping treatment increasing immunity and providing a lifting effect	1 seance
•Ozone sauna	1 seance

Anti-aging wellness treatments:

•Vitalica golden mask	1 seance
•Caviar-essence body care	1 seance
•Miracle grape body care	1 seance
•Salt room	1 seance
•Turkish bathroom	✓
•Herbal steam room	✓
•Infrared sauna	✓
•Medical hydrotherapy	✓

Body and mind rituals:

•Walking	✓
•Exercise	✓
•Meditation	✓
•Yoga	✓
•Breathing therapy	✓
•Workshop activities	✓
•Dance	✓



3 Day Anti-aging Program

Program + accommodation fees

May 2019	1.270 Euro
June 2019	1.348 Euro
July 2019	1.561 Euro
August 2019	1.561 Euro
September 2019	1.345 Euro
October 2019	1.252 Euro

Prices are valid for all services within the program and accommodation in the Sea Front Room for 7 nights. Different prices will apply if you prefer to stay in other rooms. Please check the price and availability of other room options listed below:

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- Adults over 18: 96 Euro/day

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