

LUX* RESORTS & HOTELS LAUNCHES LUX* TEA HORSE ROAD CHINA - 5 DAY TOUR PACKAGE AND GUIDE

[LUX* Resorts & Hotels](#) has launched an immersive 5 days guided tour package to discover the ancient trails of the 13th Century Old Tea Horse Road in China. Experience the romance and adventure of this intrepid journey that follows the tea carrying pack-caravans through spectacular landscapes, from high mountains to deep gorges, linking the varied ancient Naxi and Tibetan cultures of China's South West. The 5 nights 6 days guided tour is offered Northbound from Lijiang in the Yunnan Province and Southbound from the Tibetan village of Benzilan, covering legendary trails through the heart of the Three Parallel Rivers and glaciers of the Meili Mountains.

Sample 5 Days Tour: Northbound Lijiang to Benzilan

The adventure commences in Lijiang, a UNESCO heritage site, with a walking tour along the winding cobblestone lanes past the well preserved folk style buildings of Dayan. Stop at shopping spots along Qi'yi Street and visit the oldest teahouse in Lijiang, to meet Diana He whose family for generations has traded tea. Watch the local Pu'er tea, renowned for its healing powers, be pressed into cakes by standing and rocking on stones, enjoy a tasting session and learn the secrets from these tea masters. Overnight at [LUX* Tea Horse Road Lijiang](#) boutique hotel.

Day 2

Discover the picturesque Zhonghe (Central River), past Willow trees, exquisite stone footbridges and distinctive tiered wells. Join the hotel chef at nearby bustling Zhongyi markets and experience the vibrant heart of Naxi cuisine, while he gathers ingredients for the evening's signature meal – a Naxi hotpot. A short car ride to the North, at the foot of looming Yulong (Jade Dragon) Mountain sets the scene for lunch, followed by an hour long performance, entitled 'Impression Lijiang,' created by China's most famous movie director Shang Yimou (Raise the Red Lantern, House of Flying Daggers and more). A spectacle to behold, the show features a hundred horses and a cast of 500, set in the open air theatre of the fertile Lijiang Plains. End the day with a visit at the village of Baisha visiting temples filled with murals and a school that teaches the art of weaving silk tapestries, a local Naxi tradition.

Day 3

Journey to Shangri-La and the Napahai wetlands in Benzilan for an exciting day of dramatic mountains, deep gorges and a complete cultural shift from Naxi tradition to ethnic Tibet. Marvel at the spectacular views over Haba Mountain, the mighty Tiger Leaping Gorge and the high plains to the North, famed for its fearless horsemen. In Dukezong, see the world's largest Tibetan prayer wheel, followed by a delicious local organic lunch.

Circle the wetlands of Napahai, a complex eco-system that changes dramatically with the seasons, attracting thousands of migratory birds, including the rare black-necked crane. Here Tibetan farmers pasture their herds of yak and flocks of horses roam the wetlands. Continue the ascent to [LUX* Tea Horse Road Benzilan](#), the only mountain retreat in the area, nestled in the gorge by the rushing waters of UNESCO's World Heritage Listed Three Parallel Rivers.

Day 4

Following a hearty breakfast, set off to the untouched Dongzhulin monastery of the Gelugpa (Yellow Hat), where the monks chant their morning prayers. Watch a theatrical and highly charged Gelugpa-sect debating session unfold between pairs of monks, as they shout, jump and dance to make their point heard. Highlights of the day include the making of traditional Tibetan incense sticks, visiting a local bell-maker at Shuibianhe Valley and savouring a traditional picnic, or Provençale style French lunch, paired with local wines. Return to the hotel for dinner and unwind on the roof terrace with a 'Cinema Paradiso' experience, watching a movie al fresco under the stars.

The rich tales of this magical journey is shared in a detailed **LUX*** guide, published and designed in partnership with acclaimed photographer and author Michael Freeman. To download visit: luxresorts.com.

The **LUX* Tea Horse Road** 5 day tour package is priced from 13500 RMB for both Northbound and Southbound . To book please contact as follows:

[LUX* TEA HORSE ROAD LIJIANG](#)

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LUX* Resorts & Hotels helps people to celebrate life by delivering consistently on the promise of a different kind of Luxury; hospitality that is Lighter.Brighter. LUX* stages exceptional experiences in different locales – whether on the Beach, in the City or in Nature – by banishing thoughtless patterns and being more simple, fresh and sensory than our competitors.

The resorts and hotels in the LUX* portfolio include LUX* Belle Mare, Mauritius; LUX* Le Morne, Mauritius; LUX* Grand Gaube, Mauritius; LUX* South Ari Atoll, Maldives; LUX* Saint Gilles, Reunion Island , LUX* Tea Horse Road Lijiang, Yunnan Province, China, and LUX* Tea Horse Road Benzilan, Yunnan Province, China. LUX* Lijiang and Benzilan hotels are start of a collection of six luxury boutique hotels along an exciting new circuit of distinctive stays allowing guests to discover the legends of the Tea Horse Road first hand.

Other new properties in the pipeline and opening soon LUX* Al Zorah, United Arab Emirates; LUX* North Male Atoll, Maldives; LUX* Sud Sauvage, Reunion Island, LUX* Bodrum, Turkey, LUX* Dianshan Lake, China and LUX* Phu Quoc, Vietnam., lux* Grand Baie Mauritius

LUX* Resorts & Hotels is a member of Lux Island Resorts Co Ltd, which is listed on the Stock Exchange Market of Mauritius and is an affiliate member of IBL, a major economic player in the Indian Ocean, leader of the "Top 100" Mauritian companies. IBL is active in key sectors of the Mauritian economy, representing a portfolio of approximately 300 subsidiaries and associated companies.

Other properties managed by LUX* Resorts & Hotels are Tamassa, Bel Ombre, Mauritius; Merville Beach, Grand Baie, Mauritius and Hôtel Le Récif, Réunion Island, as well Ile des Deux Cocos, Mauritius, a private paradise island.

100% CARBON FREE HOLIDAYS AT LUX* RESORTS & HOTELS

LUX* Resorts & Hotels strongly believes in sustainable tourism development, and has embarked in a journey towards a carbon clean future through its project "Tread Lightly". Tread Lightly is the offsetting 100% of the carbon emissions emitted during guests stay. The carbon offsetting contribution is used to support various offsetting projects in developing countries within the regions where LUX* is operating. To learn more about the LUX* Tread Lightly €1 per day voluntary participation carbon-
